



SFPS SEND NEWSLETTER

July 2023

Dear Parents/Carers,

Welcome to our first SEND newsletter at St Francis C of E Primary School!

As I write this there is a buzz around school; the excitement as the end of the year approaches. Our wonderful Year 6's will be moving on to their new schools, bringing new beginnings for all of our pupils and staff – even a brand new building for our youngest.

This time can also be stressful. Change can bring with it anxiety and stress, manifesting in different ways. To support our children with these big feelings over this half term, we have put in place a transition strategy which has been rolled out across the school:

Tuesday's class Collective Worship sessions have been led by the new class teacher where possible, transition books have been put together by the class teachers and Mrs Mee, our Learning Mentor, has worked with groups and individuals on exploring their feelings and giving them tools to cope. In addition, our staff have been proactive around school; checking in with pupils, making conversations on the playground, sharing and celebrating work and ensuring that they have already begun to develop positive relationships with their new cohort, but especially so with those who may find transition challenging.

Our new Coffee Morning and drop in sessions will start in September. Starting at 9:45am in the hall, each session will involve support and strategies for parents/carers in how to help their children's behaviour and emotional well-being. I've already sent out the details, which you can find on our website, too. If there is a particular area that you would like support with, do let me know as there might be someone else needing support too!

**Have a wonderful
Summer, see you in
September!**

Miss Hurved

WE NEED YOUR HELP!

Please read through the SEND information report attached to the recent email and give us your feedback

Coming Soon...

Coffee Mornings and Drop In



Autumn Term

9:45am - 10:15am
in the hall

11th September
2nd October
6th November
4th December

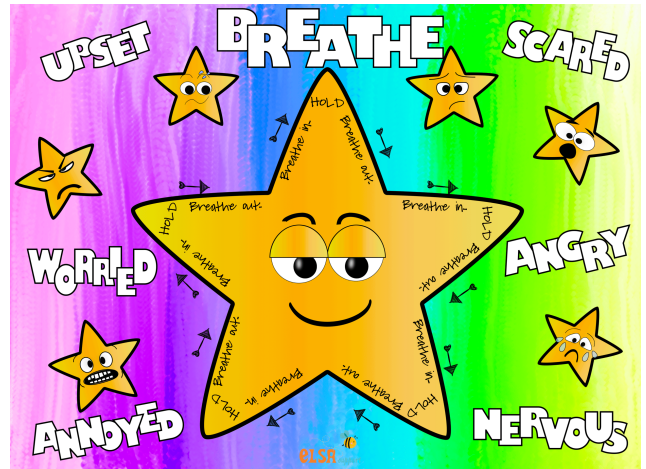


Have you been onto the SEND Birmingham Website? There's a whole range of parent support that you can access.

SUPPORT WITH: *anxiety*

5 Star Breathing!

A strategy we use in school to help the children calm and regulate.



Click on the links below to view a variety of books that can help children with anxiety

[Wemberly Worried by Kevin Henkes](#)

[When My Worries Get Too Big by Kari Dunn Buron](#)

[Worry Says What? by Allison Edwards & Ayesha L Rubio](#)

[The Bear Who Lost His Sleep by Jessica Lamb-Shapiro](#)

[What to Do When You Worry Too Much by Dawn Huebner & Bonnie Matthews](#)

[Wilma Jean the Worry Machine by Julia Cook](#)

[What to Do When You're Scared and Worried: a Guide for Kids by James J. Crist](#)

[Jack's Worry by Sam Zuppardi](#)

[Angry Octopus: Children Learn How to Control Anger, Reduce Stress and Fall Asleep Faster by Lori Light](#)

[Anxious Little Pishy by Brittany Joseph](#)

[Bubble Riding a Relaxation Story by Lori Light](#)

