

St Francis CE Primary School & Nursery



Friday 27th March 2026

Diary Dates

Friday 20 th March	Red Nose Day- non-uniform (donation made via Arbor School Shop)
W/b 16 th March	Neurodiversity week
W/b 16 th March-Friday 17 th April	IEP Reviews
Monday 23 rd March	Area Gala
Tuesday 24 th March	Easter service for Y1-6 at St Francis Church from 9am *children to be dropped at the Church for 8:45 Stay and pray in school for Nursery from 9-10am
Wednesday 25 th March	Parents evening 3:45-6:00
Thursday 26 th March	Parents evening 3:45-6:00
Friday 27 th March	Values Champion Assembly 3:00-3:30pm
Friday 27 th March	Wear A Hat Day Cake Sale to raise money for Brain Tumour Research Last day of term
Monday 30 th March-Monday 13 th April	Easter holidays
Monday 13 th April	School re-opens to pupils for summer term
Monday 20 th - Friday 24 th April	Stephen Lawrence Week
Friday 24 th April	Year 6 attending talk at St. Laurence School with Stuart Lawrence (The Late Stephen Lawrence's brother)
Throughout May	Mental Health Awareness Month

Head Teacher update

Dear Parents and Carers,

As we reach the end of a very busy and successful term, I wanted to take a moment to reflect on the many highlights from the past few weeks and to thank you for your continued support.

It has been a pleasure to welcome so many of you into school recently for parents' evenings and IEP review meetings. These opportunities to work together are invaluable, and we greatly appreciate the time you take to engage with your children's learning and development. On Monday, we were also delighted to see parents join us for the Year 3 DT workshop—it was wonderful to see such enthusiasm and collaboration.

On Tuesday, we visited St Francis Church for our Easter service and Eucharist, led beautifully by our Ethos Council. The service was a truly special occasion, and we were incredibly proud of the children, particularly the concert band and choir, who gave superb performances. A big thank you to all staff involved in supporting the children, and to St Francis Church for hosting us.

On Wednesday, the children were treated to a performance from Riverside Church which was arranged free of charge by Riverside and in liaison with St Francis Church. A huge thank you to Riverside, it was as always, a fantastic performance and a real treat for both children and staff at the end of a busy term.

This morning, we held our Values Ambassador assembly focusing on **integrity**, where we celebrated those children who consistently demonstrate this important value in their actions and choices.

A special thank you also goes to Friends for organising the 'Design an Easter Egg' competition this week. Staff have thoroughly enjoyed voting throughout the day, and this afternoon Mrs Burlace and Mrs Venables visited each classroom to award a winner in every class with a chocolatey treat—well done to all who took part.

In addition, all children have come home today with a chocolate treat, very kindly donated by Mr Chambers (Cameron and Caleb's dad). We are incredibly grateful for this generous gesture—please do join me in saying a huge thank you to Mr Chambers from all of us at St Francis.

Today has also been a particularly meaningful one as we marked 'Wear a Hat Day' in memory of our superhero Ben. It was heartwarming to see such a wide range of hats worn by both children and staff in his honour. Donations can still be made via Arbor, and we are looking forward to our cake sale after school, with all proceeds going to Brain Tumour Research. Wear A Hat Day Donations are still open until 17th April, so there's still plenty of time to donate.

Your child will also be bringing home their recent test papers today. We encourage you to look through these together—celebrating their hard work and recognising the progress they have made, as well as helping them to understand the areas we will be focusing on next.

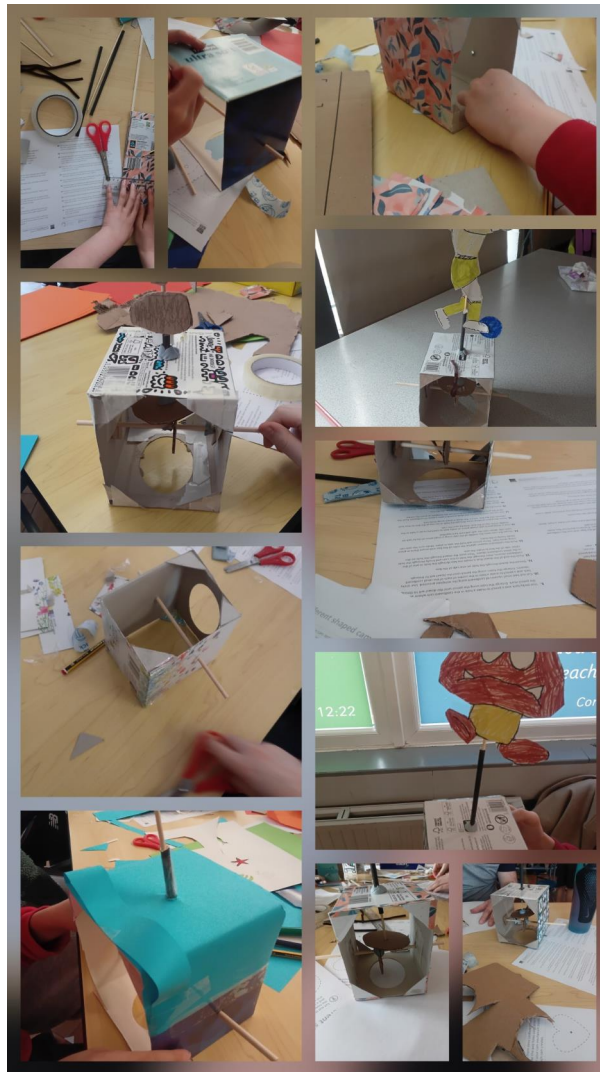
Thank you again for your ongoing support this term. We wish you all a restful break, and a very Happy Easter to those celebrating. We look forward to welcoming everyone back for the summer term on **Monday 13th April**.

Kind regards,

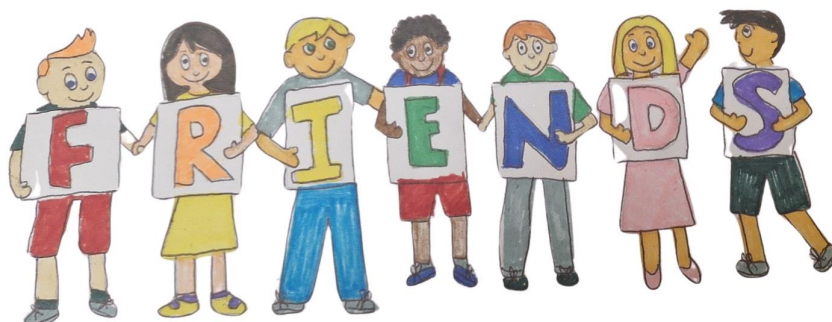
Jess Mattocks

Headteacher

Year 3 DT Workshop



FRIENDS - Easter Egg Design Competition



Easter Egg Design Competition

This week, the Friends of St Francis brought some festive creativity to school with an **Easter Egg Design Competition** that they informed the community about via class WhatsApp groups. Children from across all year groups were invited to draw, paint, or decorate their own imaginative egg designs, showcasing their artistic flair and originality.

We were delighted to receive a fantastic range of entries—each one thoughtful, creative, and full of Easter spirit. To ensure a fair and transparent judging process, the **St Francis Staff Team**, together with representatives from **FRIENDS**, voted anonymously on the designs that met the competition's design specification.

A **winner was chosen from every year group**, and each worthy winner received a well-deserved Easter Egg prize. We are incredibly proud of all our entrants for the effort and enthusiasm they put into their designs.

In addition to the competition, **FRIENDS**, with the generous support of **Mr Chambers**, a parent in our school community, have ensured that **every child** will go home with a chocolate bar today—a wonderful treat to start the Easter break.

A huge **thank you** to FRIENDS and to Mr Chambers for their generosity, creativity, and commitment to making this event special for the whole school.

Happy Easter, everyone!

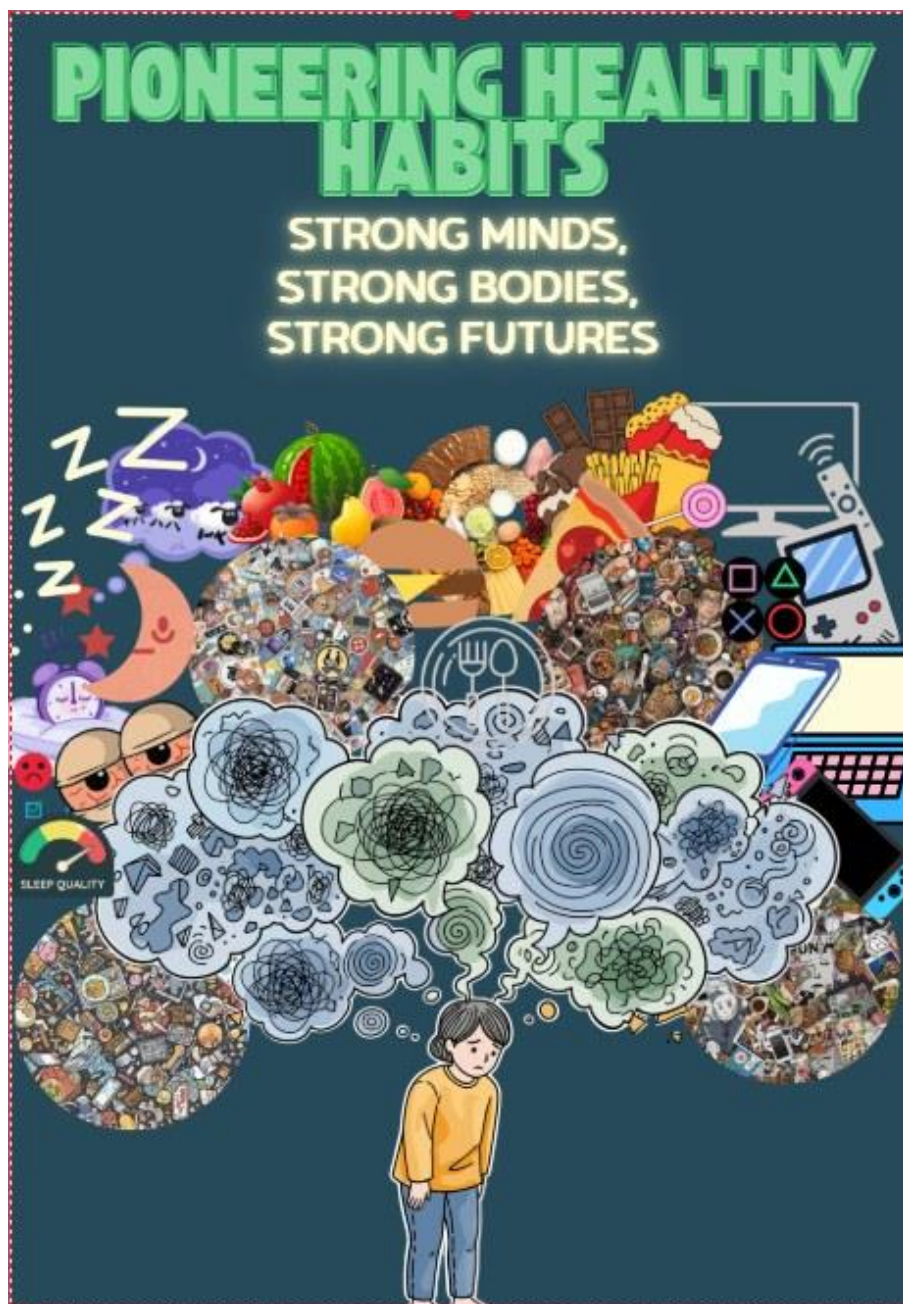


Red Nose



Thank you to everyone who donated to Red Nose day we've so far raised £98, donations are open until 10th April.

Building Healthy Foundations: Sleep, Diet & Device Use for Adults and Children



In a world buzzing with digital noise, busy schedules, and endless to-dos, building healthy routines around sleep, diet, and device use has never been more important. As adults, our own habits shape our well-being—but they also model the behaviours our children are likely to carry into adolescence and adulthood. Research from across the health sciences consistently reinforces that strong daily habits are among the most powerful tools we have for lifelong mental and physical health.

This month, we highlight what the latest findings tell us—and offer a few simple, cost-free ideas you can begin using today.

1. Sleep: The Cornerstone of Cognitive and Emotional Health

Across nearly every age group, high-quality sleep fuels clearer thinking, steadier emotions, better learning, and healthier bodies.

Recent scientific reviews show that screen use—especially in the hours before bed—can disrupt sleep in children, teens, and adults by stimulating the brain, exposing the eyes to blue light, and replacing wind-down routines with more wakeful activity. The National Sleep Foundation’s expert panel reached consensus that screen use generally **impairs sleep health in children and adolescents**, particularly when it includes stimulating content before bedtime. [sleephealthjournal.org]¹

Sleep is equally critical for children’s long-term development. The American Academy of Sleep Medicine emphasises that insufficient sleep in children is linked to challenges in mood, behaviour, physical energy, and academic performance, with long-term risks to immune and cognitive health. A 2025 systematic review also confirms that children with better sleep show improved cognitive performance, emotional well-being, and fewer behavioural difficulties. [aasm.org]² [mdpi.com]³

What this means for families:

Healthy sleep routines benefit everyone—but they are especially powerful for growing minds. Adults who prioritise consistent sleep set the tone for children who learn to do the same.**2. Diet: Real Food, Real Benefits**

Good nutrition is one of the strongest predictors of lifelong health. The latest *Dietary Guidelines for Americans (2025–2030)* recommend emphasising whole, nutrient-dense foods—fruits, vegetables, whole grains, lean proteins, and low-fat dairy—while dramatically reducing intake of added sugars and highly processed foods. [odphp.health.gov]⁴

Children who follow balanced diets experience healthier growth and reduced risk of chronic conditions such as high blood pressure, heart disease, and type 2 diabetes. The CDC notes that healthy eating in childhood improves cognitive function, supports healthy weight, and enhances learning and school performance. [cdc.gov]⁵

Adults, too, benefit from diet consistency: regularly eating home-cooked meals is strongly associated with healthier eating patterns, according to recent Pew Research findings. [pewresearch.org]⁶

In short: Real food supports real development—for kids and adults alike.

¹[https://www.sleephealthjournal.org/article/S2352-7218\(24\)00090-1/fulltext](https://www.sleephealthjournal.org/article/S2352-7218(24)00090-1/fulltext)

²<https://aasm.org/sleep-experts-call-for-pediatric-sleep-research-education-to-help-make-our-children-healthy-again/>

³<https://www.mdpi.com/2624-5175/7/4/66>

⁴<https://odphp.health.gov/our-work/nutrition-physical-activity/dietary-guidelines/current-dietary-guidelines>

⁵<https://www.cdc.gov/school-nutrition/facts/index.html>

⁶<https://www.pewresearch.org/science/2025/05/07/americans-on-healthy-food-and-eating/>

3. Device Use: Connection or Disruption?

Screens are a major part of modern life, but research increasingly shows that without limits, they can disrupt sleep, emotional well-being, physical health, and family connection.

For children and teens

High recreational screen time is strongly associated with difficulties in sleep, physical inactivity, weight concerns, depression, and anxiety.

Meta-analyses also show that increased screen use contributes to socioemotional problems such as aggression, anxiety, and reduced self-confidence.

Additionally, excessive screen time is linked with higher cardiometabolic risk among youth. [cdc.gov]⁷ [apa.org]⁸ [newsroom.heart.org]⁹

For adults

Excess screen exposure—even more than two hours outside work—has been associated with impaired sleep, cognitive strain, and even thinning of the cerebral cortex in young adults.

Too much screen time can also affect cardiovascular health, with six or more hours daily linked to negative changes in blood pressure, cholesterol, and BMI.

[lifestylemedicine.stanford.edu]¹⁰ [acc.org]¹¹

Takeaway: Devices are powerful tools—but without boundaries they can chip away at our mental, emotional, and physical well-being. Adults modelling balanced tech use helps children develop healthier digital habits as well.

4. Cost-Free Ideas to Help Balance Sleep, Diet & Screen Habits

Healthy living doesn't have to be expensive. Here are practical, no-cost ways to strengthen your family's routines:

Better Sleep

- **Create a nightly “digital sunset”.** Turn off screens at least an hour before bedtime. Use this time for reading, tidying, warm baths, or calming music.
- **Keep consistent sleep times,** even on weekends—to help regulate the body clock.
- **Try the 20-20-20 break** (look 20 feet away for 20 seconds every 20 minutes). Great for kids doing homework too.

Healthier Eating

⁷https://www.cdc.gov/pcd/issues/2025/24_0537.htm

⁸<https://www.apa.org/news/press/releases/2025/06/screen-time-problems-children>

⁹<https://newsroom.heart.org/news/excessive-screen-time-among-youth-may-pose-heart-health-risks>

¹⁰<https://lifestylemedicine.stanford.edu/what-excessive-screen-time-does-to-the-adult-brain/>

¹¹<https://www.acc.org/About-ACC/Press-Releases/2026/03/23/20/26/Excessive-Screen-Time-Signals-Health-Risk-for-Young-Adults>

- **Cook at home more often.** Research shows those who regularly eat home-cooked meals consume healthier food overall. [pewresearch.org]¹²
- **Plan “rainbow meals”** once a week—everyone chooses a colourful fruit or veg to include.
- **Swap, don’t buy:** Trade packaged snacks for simple alternatives already at home (fruit, yoghurt, homemade popcorn).

Balanced Screen Use

- **Create family screen-free zones,** such as during meals or in bedrooms.
- **Take “movement micro-breaks” together:** 2 minutes of stretching, dancing, or stepping outside.
- **Use screens with purpose.** Before picking up a device, ask: *What am I using it for? How long will I spend?*

Final Thoughts

The research is clear: healthy sleep, nutritious food, and mindful device habits form the foundation for emotional resilience, physical health, and strong cognitive development. As adults, the habits we build don’t just benefit us—they shape the daily environment our children grow up in.

By modelling balance, structure, and intention, we give children the tools they need to thrive in a fast-paced, digital world. And the best part? Many of these powerful habits are completely free.

If you’d like help creating a family-friendly routine—or want a printable version of these tips—I’m happy to put one together!

¹²<https://www.pewresearch.org/science/2025/05/07/americans-on-healthy-food-and-eating/>

We Are a Rights Respecting School - Soccer Aid Competition



As part of our ongoing commitment to being a **Rights Respecting School**, we continue to help our children understand their rights and the rights of others, as outlined in the UN Convention on the Rights of the Child. This underpins much of our work in school—from the way we build relationships to the way we teach pupils to advocate for fairness, kindness, and equality.

We also love sharing opportunities that help children engage with rights, global citizenship, and positive action. UNICEF UK is currently promoting a range of youth competitions connected to *Soccer Aid*, giving young people a fun and meaningful way to learn about children's rights while getting creative.

Families can find out more about the competitions and how to get involved by visiting:



https://www.socceraid.org.uk/youthcompetitions/?utm_campaign=Stewardship,%20Resources%20and%20Announcements%20&utm_term=Spring%20Newsletter%20-%20March%202025%20-%20UK-wide&utm_content=view_email&utm_source=Unicef_UK&utm_medium=Email&journey=warm

Thank you, as always, for supporting our Rights Respecting journey and helping us nurture a school community where every child's voice is valued.

Feeling Safe and Supported at St Francis

At St Francis, your child's safety and happiness are at the heart of everything we do. When school and families communicate well, children feel more secure, more confident and better able to learn.

Please Keep Talking to Us

If you notice changes at home—big or small—such as worries about behaviour, friendships, wellbeing or attendance, please let us know. Early conversations help us understand what your child may need so we can support them quickly and effectively.

How We Support Children

In school, we teach children that they can always talk to a trusted adult if something makes them feel worried or unsafe. They are reminded that:

- They will always be listened to
- They won't be in trouble for speaking up
- It is never their fault

These messages are even stronger when home and school share them together.

We're Here to Help

You can speak to:

- Mr Cox
- Miss Mattocks
- Miss Hurved
- Miss Maxwell
- Mrs Holmes-McClure
- Mrs Ward

- Your child's class teacher
- Any trusted adult in school

Together, we can make sure every child at St Francis feels safe, supported and ready to flourish.

If your child ever needs someone to talk to outside school, **Childline (0800 1111)** is always available.

Every Day Counts – Let's Make Attendance a Priority!

Together, we can achieve great attendance.



Why it matters:

Even being late by 15 minutes each day adds up to nearly two weeks of lost learning!



Top tips for parents:

- Keep bedtime and morning routines consistent.
- Book appointments outside school hours whenever possible.
- Encourage your child to enjoy school and celebrate their progress.
- Join in school events and support homework – it really helps!



Holidays:

Please remember, term-time holidays aren't allowed. Unauthorised absences can lead to fines or legal action.



Need support? We're here to help. If you're struggling with attendance, talk to us. Helpful links:

www.birmingham.gov.uk/saap • www.birmingham.ivlove



UK Health
Security
Agency



Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for **health protection in schools** or scan the QR code or visit <https://qrco.de/minfec>.



Struggling to get your
child to school?

Talk to us

-we are here to help!



🌿 National Education Nature Park – RHS Grant Update 🌿



We're delighted to share some exciting progress with our National Education Nature Park project!

This week, we received a huge delivery of plants generously provided by Botany Bay Garden Centre in Redditch – a wonderful family-run business. We're incredibly grateful for their support in helping us bring our vision to life. <https://www.botany-bay.co.uk/>

Looking ahead, we have some fantastic plans underway. These include extending our new orchard and creating a dedicated pollinators' garden near the Forest School area – transforming the space where Fred the Bus once stood into a thriving habitat for wildlife.

Our EYFS outdoor spaces are also set for a seasonal transformation. The Nursery garden, Reception garden, and planting beds by the Year 1 classrooms will soon be filled with new life, just in time for summer.

Next term, every year group will play a part in planting, helping to nurture these spaces together. We're especially excited for Gardening Club with Mrs Christie, who will be getting hands-on with some of these developments!

It's a truly exciting time as we grow, learn, and connect with nature 🌱

Extra Curricular Activities - Summer Term 1

We are delighted to offer a wide range of extra curricular clubs for our pupils in the Summer term.

Please note that some clubs are run by external providers, while others are delivered in-house by school staff.

External Provider Clubs

The following clubs are run by external companies. If you wish to book your child onto any of these activities, please refer to the contact details for each provider:

Rugby £5.50 per session

French £6.00 per session

Dance £82.50 per term or £43 each half term

Boys' Football £5.50 per session

Martial Arts £28 every 4 weeks + annual insurance of £14 payable yearly

In-House Clubs

The following clubs are run by school staff and will be managed internally:

Netball £2.50 per session

Tennis £2.50 per session

Choir £FREE

Gardening Club £4.50 per session

Girls' Football £2.50 per session

Please also note that Concert Band is by invitation only.

Sign-Up and Payment Information

All sign-up and payments for in-house clubs will be managed through Arbor.

Please ensure payment is made in advance. Failure to make payment will result in your child being removed from the club, and their place may be offered to another pupil as spaces are limited.

Cancellation Policy

If you need to cancel your child's place in a club, please inform the school office as soon as possible.

- Refunds cannot be guaranteed and will only be considered in exceptional circumstances.
- If a child withdraws once a club has started, their place may be given to another pupil on the waiting list.
- In the event a club is cancelled by the school or provider, parents will be notified and refunds or rescheduled sessions will be arranged where possible.

SUMMER TERM 2026			
MONDAY	3.30PM KS2	3.30PM KS1	3.30PM KS1 & 2
	RUGBY FIELD	FRENCH Y1 CLASS	STEM Y4 CLASS
TUESDAY	3.30PM KS2	3.30PM KS2	
	NETBALL* PLAYGROUND	TENNIS* PLAYGROUND	
WEDNESDAY	8.15 AM CHOIR	3.30PM CONCERT	
	LIBRARY/ MUSIC ROOM	BAND Y3 CLASS	
THURSDAY	3.30 PM GARDENING CLUB QUAD	3.30 PM STARDUST DANCE CLUB HALL	3.30 PM Y5 & 6 BOYS FOOTBALL FIELD
	3.30 PM Y4, Y5 & Y6 GIRLS FOOTBALL FIELD/ PLAYGROUND	3.30 PM Y1 - 3 MARTIAL ARTS HALL	

//ELEVATE
PERFORMANCE ACADEMY

RUGBY AFTER SCHOOL CLUB

EVERY MONDAY

15.30 - 16.30

KS2

13TH APRIL - 6TH JULY

[HTTPS://WWW.ELEVATE-PERFORMANCE.CO.UK](https://www.elevate-performance.co.uk)

QR CODE

QR CODE

@TINKERTIGERS
 @TINKERTIGERS
WWW.TINKERTIGERS.CO.UK
 TINKERTIGERSLTD@GMAIL.COM


TO BOOK A PLACE VISIT
WWW.TINKERTIGERS.CO.UK/STORE/SCHOOLS
 & SELECT YOUR CHILD'S SCHOOL

DATES/TIMES:
 STARTS W/C 13TH APRIL 2026
 KS1 & KS2: EVERY MONDAY 3:30-4:30PM
 6 SESSIONS - £58 PER CHILD (BEFORE HALF-TERM)


STEM

AFTER-SCHOOL CLUB

LEARN THE SKILLS FOR A FUTURE IN STEM



LCF Fun Languages/Fun Explorers
Mould
Cloweswood Lane
Earlswood
B94 5SE
Tel: 07787 118755
E Mail: Funexplorermichael@gmail.com



Fun French Club At St Francis Primary School – Summer Term Places Now Available!

We are currently running a very exciting Fun French after school club for the St Francis Primary school children and will have a limited number of places available for the Summer Term. The sessions take place on the school premises immediately after school every **Monday** and last for one hour.

The sessions will once again be taken at the school by the very popular Madame Aurore and are thoroughly enjoyed by the children who are currently attending. Le Club Français offers:

- Small Informal Groups
- Only £6.00 per week
- End of Year Certificate and Presentation
- A professionally designed Summer Term program suitable for all levels
- Fun activity based learning methods ie games, songs, drama, stories, role play
- FREE membership to our fantastic interactive Babelzone learning site – normally £59.00
- Resources including CD's, Flash Cards, on line games and activity sheets
- Quality and Experienced Fun teachers – all DBS checked

If you would like to reserve a place for your child, please complete and return the attached reply slip to the school office or ourselves at the above address as soon as possible as available places are limited and will be offered on a **first come, first serve basis**.

I would like to reserve a place for my child(ren) on the Summer Term Fun French Club from **Monday 13th April 2026**

St Francis Primary French Club

Name of Child(ren).....Age(s)


Class(es).....

Parent/ Guardian.....




Address.....

..... Telephone No

E Mail address



Carla - 07957 283 808 Beicy - 07950 791 690
Email - info@stardustdance.net
www.stardustdance.net
Facebook - Carla Cameron (Stardust Dance)
Insta - @stardustdance

**St Francis C of E Primary School
Extra Curricular Dance Club**

We are pleased to be able to offer the children in years 3 - 6, the chance to join our extra-curricular Dance club. Dance club will be held in your school hall, straight after school, on Thursdays until 4.30pm. The club will continue to run each term. Dancers have the opportunity to perform in our annual shows and they will learn technique and routines, in a fun and supportive environment.

Club	Dates this term	Time	Classes	Cost
Thursdays Dance	1 st May - 17 th July	3:30 - 4:30pm	Years 3 - 6	£82.50 or £43.00 each half term

To enrol your child, please register them at <https://stardust-dance-academy.class4kids.co.uk>

Please pay the term fees by BACs (please reference your child's name and school. For example, S Smith St Fr). Please note that if you pay through class4kids, they add on an additional charge, so please make your payment by BACs.
Account name: Stardust Dance
Sort code: 40 41 27. Account number: 71522744

For any enquiries, please email info@stardustdance.net

Many thanks,
Stardust Dance Academy.



HOPEFULLY COMING SOON TO ST FRANCIS CE PRIMARY SCHOOL & NURSERY!

WITH HEAD INSTRUCTOR LEIGH SIMMS

WHAT'S PLANNED

- ✓ Confidence
- ✓ Discipline
- ✓ Coordination
- ✓ Fun, practical self-defence
- ✓ Positive behaviour or respect

Suitable for ages 5-8 (KS1 & lower KS2 mix workable).

PRICE

Expected pricing (from instructor), £7 - 5 per child per session. (Parents would book directly with Leigh)

WHAT CHILDREN NEED

- Comfortable sports-wear or PE kit
- Water bottle

NO specialist equipment required for beginners.

REGISTER YOUR INTEREST

If your child would be interested in joining please let grant know and move ahead.

SAFETY & CREDENTIALS

- Instructor holds current DRS
- Full indemnity insurance
- Experienced martial arts teacher working in multiple Birmingham schools

ABOUT THE INSTRUCTOR

Leigh Simms is a highly experienced martial arts and self-defence instructor working with schools across Birmingham. His sessions build confidence, resilience and practical awareness in a fun, structured environment.

www.birmingham-martialarts.com/kids-kaatehargome-dimingham

Extracurricular Clubs Information

We are delighted to offer a wide range of extracurricular clubs for our pupils this term. Details of each club can be found in the sections above. Please note that some clubs are run by external providers, while others are delivered in-house by school staff.

External Provider Clubs

The following clubs are run by external companies. If you wish to book your child onto any of these activities, please refer to the contact details listed above for each provider:

Rugby
French
Dance
Boys' Football
Martial Arts
In-House Clubs

The following clubs are run by school staff and will be managed internally:

Netball
Tennis
Choir
Gardening Club
Girls' Football

Please also note that Concert Band is by invitation only.

Sign-Up and Payment Information

All sign-up and payments for in-house clubs will be managed through Arbor. Please ensure payment is made in advance. Failure to make payment will result in your child being removed from the club, and their place may be offered to another pupil, as spaces are limited.

Cancellation Policy

If you need to cancel your child's place in a club, please inform the school office as soon as possible.

- Refunds cannot be guaranteed and will only be considered in exceptional circumstances.
- If a child withdraws once a club has started, their place may be given to another pupil on the waiting list.
- In the event a club is cancelled by the school or provider, parents will be notified and refunds or rescheduled sessions will be arranged where possible.

Local Interest



x: 157 y: 15

EASTER HOLIDAY TENNIS CLINIC

Hosted at Weoley Hill Tennis Club
88B Witherford Way, Birmingham, B29 4AS (Off Middle Park Road)

IMPROVE YOUR TENNIS LEVEL WITH STACEY TICHELLY (PROFESSIONAL LTA TENNIS AND SCHOOL SPORTS COACH)

The camps are welcome to anyone who wants to improve their tennis skills

Camps will include:

- Stroke development
- Fun games
- Tennis drills
- And much more!

ANY FURTHER QUESTIONS?
Please contact Chris Coley
Email: sportszone@sky.com

DETAILS

When:
Monday 30th March - Thursday 2nd April

Session times:
9.30am - 11.00am - Ages 4yrs - 8yrs
11.15am - 12.45pm - Ages 9yrs - 12yrs
1.15pm - 2.45pm - Ages 12yrs - 16yrs

COST
£12 per session/day - £48 per week

Places will be allocated on a first come first served basis

HOW TO BOOK
To reserve a place please text either:
Chris 07976724952 or Stacy 07515645474
- Name (s)
- Week or weeks you would like to attend (minimum 3 days)
- Session time

Confirmation will subsequently be sent with payment details

- Saturday's 10/1/26 - 13/2/26
 1:00pm - 4:00pm
 Online via Zoom
 Joining details will be sent.
- Tuesday's 10/2/26, 24/2/26 - 24/3/26
 10:00am - 1:00pm
 Azcocks Green Methodist Church,
 1 Bottrill Road, B27 7YE.
- Friday's 27/2/26 - 27/3/26, 17/4/26
 6:00pm-9:00pm
 Online via Zoom
 Joining details will be sent.
- Tuesday's 14/4/26 - 19/5/26
 10:00am - 1:00pm
 Online via Zoom
 Joining details will be sent.
- Thursday's 16/4/26 - 21/5/26
 In Community Languages
 10:00am - 2:00pm
 Lime Tree Children's Centre,
 Heathfield Road, B19 1LJ.
- Friday's 5/6/26 - 10/7/26
 10:00am - 1:00pm
 Online via Zoom
 Joining details will be sent.
- Monday's 6/6/26 - 13/7/26
 10:00am - 1:00pm
 Hodge Hill Family Hub, Dyson Gardens
 Children's Centre, Highfield Road, B8 3QF.

TO BOOK – Please complete the booking form and return to: BeEmpowered@birmingham.gov.uk or alternatively you can submit online either by using the QR code below or using this link
<https://forms.office.com/Pages/ResponsePage.aspx?Id=286aa8TSzLuoA9K74m78Jns7J51sG4FpdjgYn11UMFZBQj6EUJUKNJDTVBVREKNM3OUFXSC4j> to submit online.



For more information please contact: Christine Legore on 07770 762056 or via email at christine.legore@birmingham.gov.uk or Nathalie Messarvi on 07943 364833 or via email at nathalie.messarvi@birmingham.gov.uk



BE EMPOWERED WORKSHOPS
 - Early Support Programme for SEND Parent Carers

Is this for you?
 Are you a parent of a child/ren with a different abilities (additional needs)? Are you struggling to know what to do next?

feel confident build resilience
 Do you want to feel more confident about working with practitioners and making decisions about your child's journey?

feeling lonely, isolated?
 Do you want to meet with other parents and learn more about local and national services and what they can offer?

We warmly invite you to a series of workshops that have been written by and are led by trainers who are parent/carers of a child with additional needs themselves. They run over a period of 6 weeks, and there are a selection of face-to-face and online sessions.

These workshops are for parent/carers of children and young people of any age, with any additional need, with or without a diagnosis. They are an attempt to support parent/carers through times of change and at whatever stage of the journey participants may find themselves.

- Wednesday's 5/11/25 - 17/12/25
 10:00am - 1:00pm
 Evolve Centre, 99 Glover St, B9 4EN.
- Monday's 10/11/25 - 15/12/25
 10:00am - 1:00pm
 Online via Zoom
- Thursday's 8/1/26 - 12/2/26
 10:00am-1:00pm
 Lime Tree Children's Centre,
 Heathfield Rd, B19 1LJ

TO BOOK – Please complete the booking form and return to: BeEmpowered@birmingham.gov.uk
 For more information please contact: Christine Legore on 07770 762056 or via email at christine.legore@birmingham.gov.uk or Nathalie Messarvi on 07943 364833 or via email at nathalie.messarvi@birmingham.gov.uk

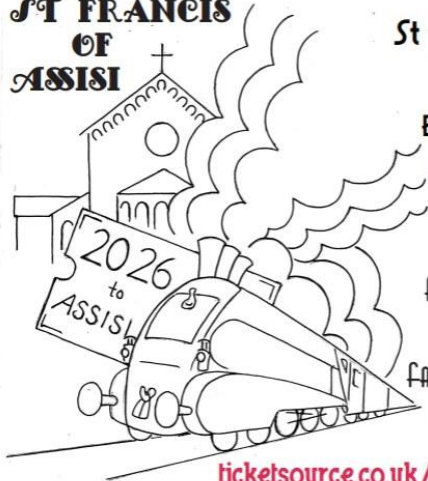
Coming to a platform near you . . .



The 20:26 to Assisi

IN THE 800TH YEAR OF HIS DEATH
DISCOVER THE EXTRAORDINARY LIFE OF

**ST FRANCIS
OF
ASSISI**



7pm Friday

10th April

2:30pm Sat

11th April

St Francis'

Church

Bournville

B30 2AA

TICKETS

ADULTS - £8

U17 - £5

FAMILIES - £20

Booking:

ticketsource.co.uk/st-francis

A new play by

Malcolm Morse

Box Office:

0333 666 33 66



Bournville Village Children's Festival

Saturday 27th June 2026

*We are looking for children aged between 4yrs
and 18 yrs to dance around the Maypole at this
year's Festival*

Everyone is Welcome!

*Registration is at Dame Elizabeth Hall, B30 1UA
on Monday 23rd February
between 6.30pm and 7.30pm.*

If you can't make it to registration in person contact:

Maypole Admin on 07817 323401



Bournville & Selly Oak Little League



Netball for School Years 3 to 6

Try-out sessions in a Sports Hall
with qualified beginners' instruction

Saturday 28th February 2026
Saturday 14th March 2026
From 9:15am to 10:30am

Come to one session on each day if you can!
Cost £5.00 per session, allowable
against the season playing fee.
Places are limited.
We may have to operate waiting lists.

at University of Birmingham School
Weoley Park Road, Birmingham B29 6QU

Saturday morning League matches
from 18th April to the end of term
**All abilities welcome, no
experience is necessary.**
Qualified and safe coaching (DBS checked)
Season playing fee: £25.00.



Contact details:

Mrs Dianne Barber (League Organiser)

0121 472 0114 or 07771 851903

To reserve your place, download and return our application form!



<http://www.birminghamcitynetballclub.org.uk/BSOLL/BSOLL.html>



**BIRMINGHAM
CITY** MORE THAN FOOTBALL
FOUNDATION

Girls

**Player Development Centres
Expression of Interest forms**

**Age groups for U8s, u10s,
u12s, u14s and u16s.**

**Direct pathway into our ETC
and Academy**

You may have to log in via an email
address to complete the form.



Silent Movie Night

A family-friendly show featuring

Piano accompaniment by

Vincent Byrne

Saturday 21st March 2026

7.30pm



Laurel & Hardy: Liberty
Charlie Chaplin: Easy Street
Buster Keaton: The Goat

Tickets: £10 (Children: £6, Families: £25)

**@ Bournville Parish Church, St Francis of Assisi
Sycamore Rd, Birmingham B30 2AA**

Tickets in advance: **0121 472 7215**, or **on the door**



Resources Request



1 - Resources Request

- Garden Rugs
- Garden Cushions

Happy Birthday to those with birthdays this week and during the holidays



Harry in Year 4

Amari in Year 4

George in Year 2

Theo in Year 5

Blake in Year 5

Adelia in Year 4

Aggy in Year 1

Vissy in Reception

Darcey in Year 1

May in Year 3

Keira in Reception

George in Year 1



Values Ambassador- Integrity



Nursery- Harry

Reception- William

Year 1- Oscar

Year 2- Beatrice

Year 3- Sofia

Year 4- Arabella

Year 5- Darcey

Year 6- Clara

Attendance Champions



Attendance Champions

- **Overall Winners (100% Attendance):** ✓ Year 6 ✓ Year 1 ✓ Nursery
- **Over 96% Attendance:** ✓ Year 3

 **Whole School Attendance:**

96.6% for the academic year so far!

Dojo



Dojo Winners This Week

1. Year 6
2. Year 3
3. Year 5

Dojo Winners This Term

1. Year 6
2. Year 5
3. Year 2

Dojo Individual Winners

Nursery - Bess

Reception - Joni

Year 1 - Cass

Year 2 - Orson

Year 3 - Sofia

Year 4 - Arabella

Year 5 - Amanda

Year 6 - Keziah

Awards



2025 – 2027



**Rights
Respecting
Schools**

UNITED KINGDOM



**Bronze
Rights Committed**